

NOTES FROM YOUR

PLASTIC SURGEON

by Paul F. Vanek, Jr. M.D., F.A.C.S.



TAKING IT ON THE CHIN

If you are in your forties (or younger) with excess fat under your chin and good skin elasticity, a minor procedure may be all that is necessary to give you the jawline you want. A minimally invasive procedure requires only tiny one-eighth-inch incisions underneath the chin and behind the earlobe through which the plastic surgeon may extract fat with a small cannula (liposuction wand). The procedure takes no more than an hour. In the aftermath, the patient may experience pain similar to swollen glands for about one to two days. To minimize swelling and promote healing, it is usually recommended that the patient wear an elastic chinstrap at night (and sometimes, during

the day) for fourteen days. Vaser liposelection is ideal for this problem.

Suffering from sagging skin under the chin? There are several corrective approaches which may be applicable to your specific condition. Discuss your needs and desires with a physician who is Board Certified. For an appointment call my office, conveniently located in the Mentor Medical Campus, 9485 Mentor Ave., Suite 100, Mentor (205-5750).

P.S. About three weeks after chin Liposelection by Vaser, swelling subsides and results become apparent.

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