

NOTES FROM YOUR

PLASTIC SURGEON

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POST-SURGERY MAKEUP

If you are recovering from laser resurfacing, a chemical peel or plastic surgery, give careful consideration to the type of makeup you will use during your recovery period. When the doctor gives you clearance to use makeup, consider using mineral makeup. This type of makeup is made with few, if any, preservatives. Its colors come from the pigments of inert earth minerals. This feature makes it more appropriate for use by women with healing, sensitive and acne-prone skin than conventional cosmetics. As an added benefit, mineral-based foundations, powders, blushes, bronzers, and eye shadows often contain titanium dioxide and/or zinc oxide, which provides the skin with sun protection. Our multidisciplinary skin care approach includes a line of concealer and make-up camouflage to benefit the skin

during the immediate post operative portion of your resurfacing recovery.

Today's column is important if you're considering cosmetic surgery. This weekly column is presented to help answer many of the questions that are frequently asked about cosmetic and reconstructive surgery. It should be important to anyone thinking about such treatment. If you are considering any cosmetic or reconstructive surgery my office is conveniently located in the Mentor Medical Campus, 9485 Mentor Ave., Suite 100, Mentor (205-5750).

P.S. It is imperative that patients who have undergone laser resurfacing and chemical peels protect their skin from the ravaging effects of the sun during the post-operative period and beyond.

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